

# What's Your Story?

**Presented by THP Music Consultants, LLC**

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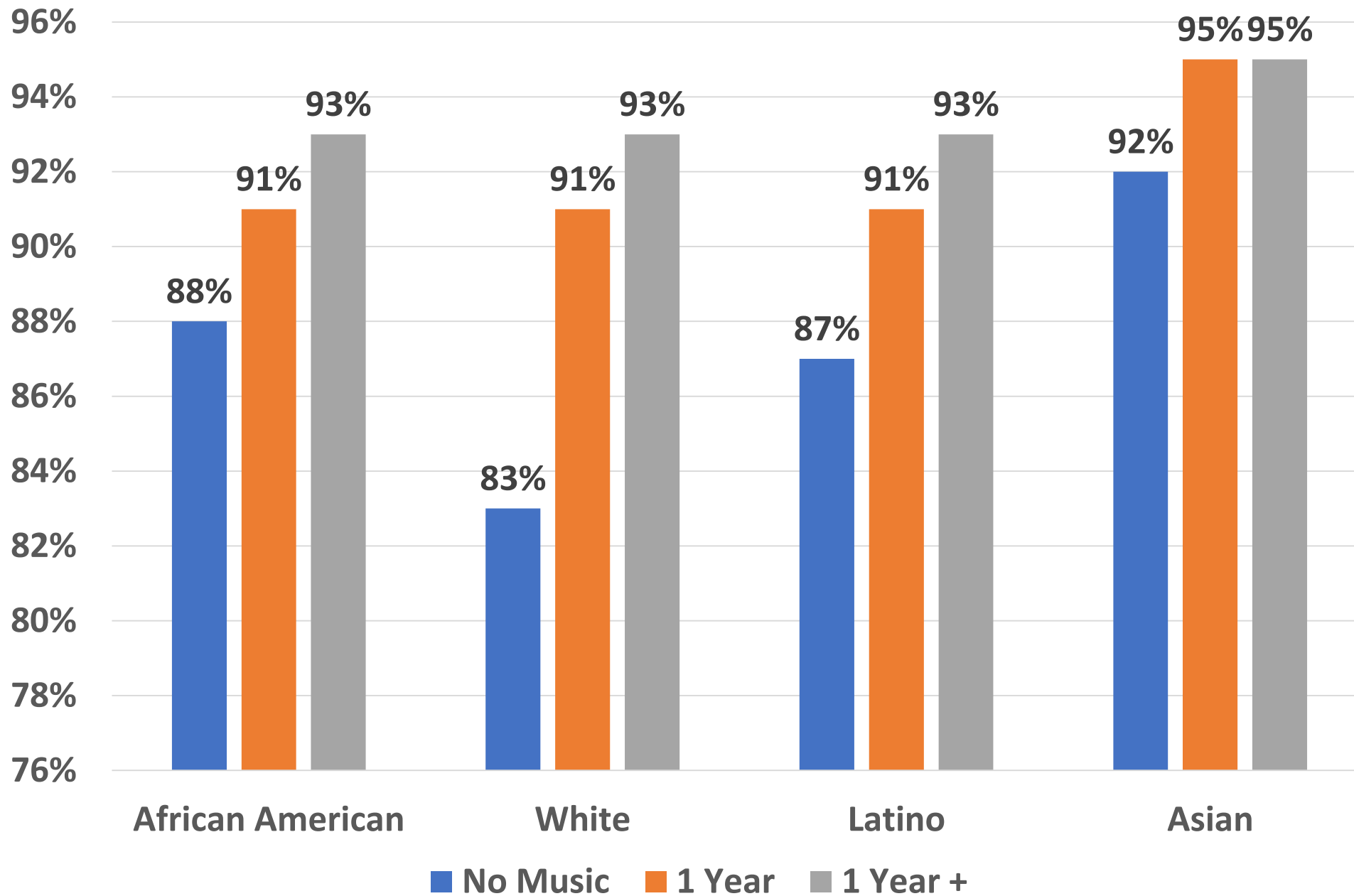
# “Music Makes Us” Study

- Conducted by the University of Kansas.
- Studied the Metro Nashville Public Schools (MNPS).
- Studied over 6,000 Seniors in 2012.

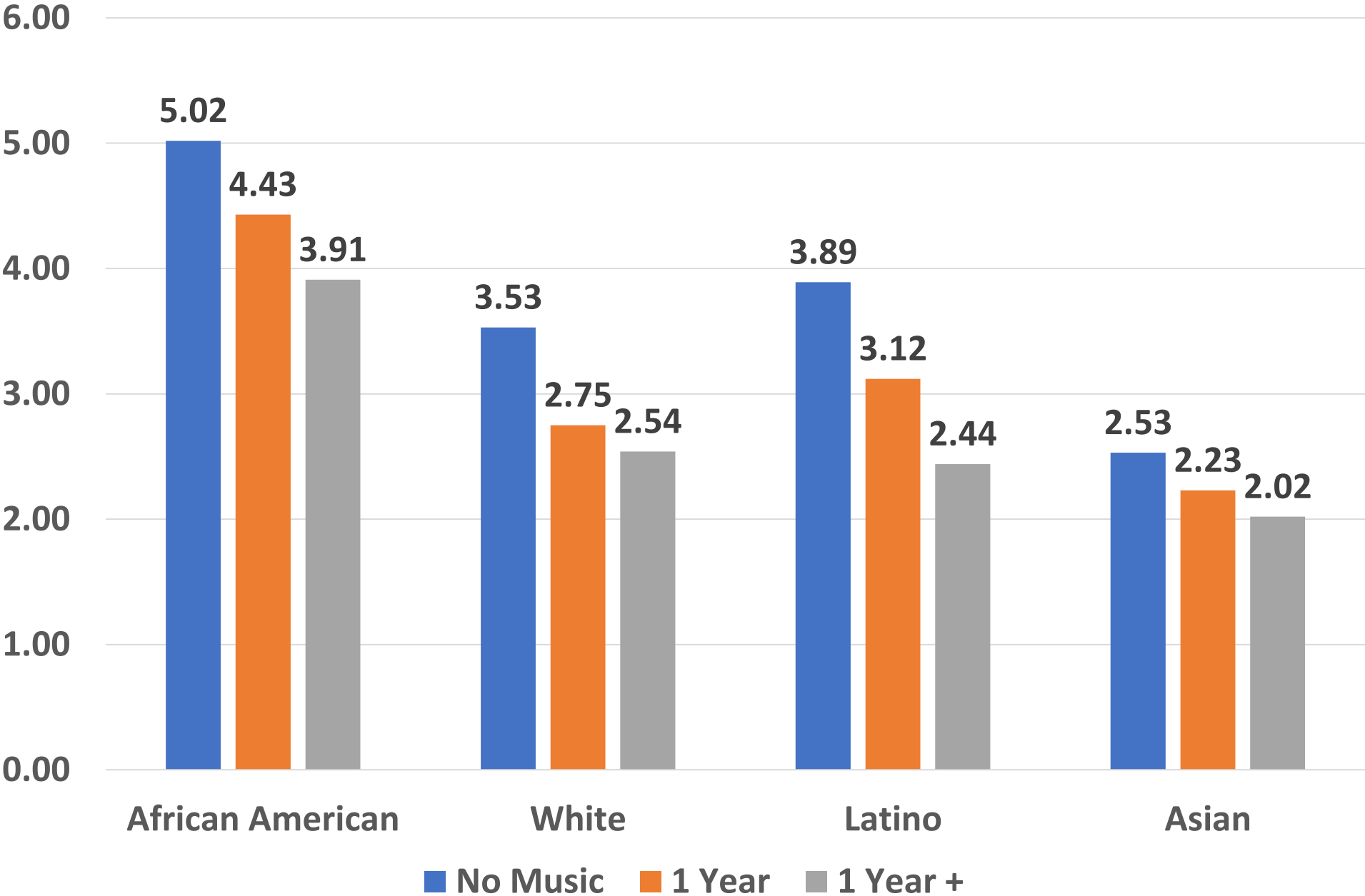
# Overall Results

	No Music	≤ 1 Year of Music	> 1 Year of Music
Seniors	3,897	1,169	940
Music Participation Level	65%	20%	16%
4 Year Average Attendance Rate	87%	91%	93%
4 Year Average Discipline Reports	4.34	3.75	3.23
<b>Graduation Rate</b>	<b>60%</b>	<b>81%</b>	<b>91%</b>
Average ACT English Score	16.95	17.64	19.58
Average ACT Math Score	17.2	17.62	18.67

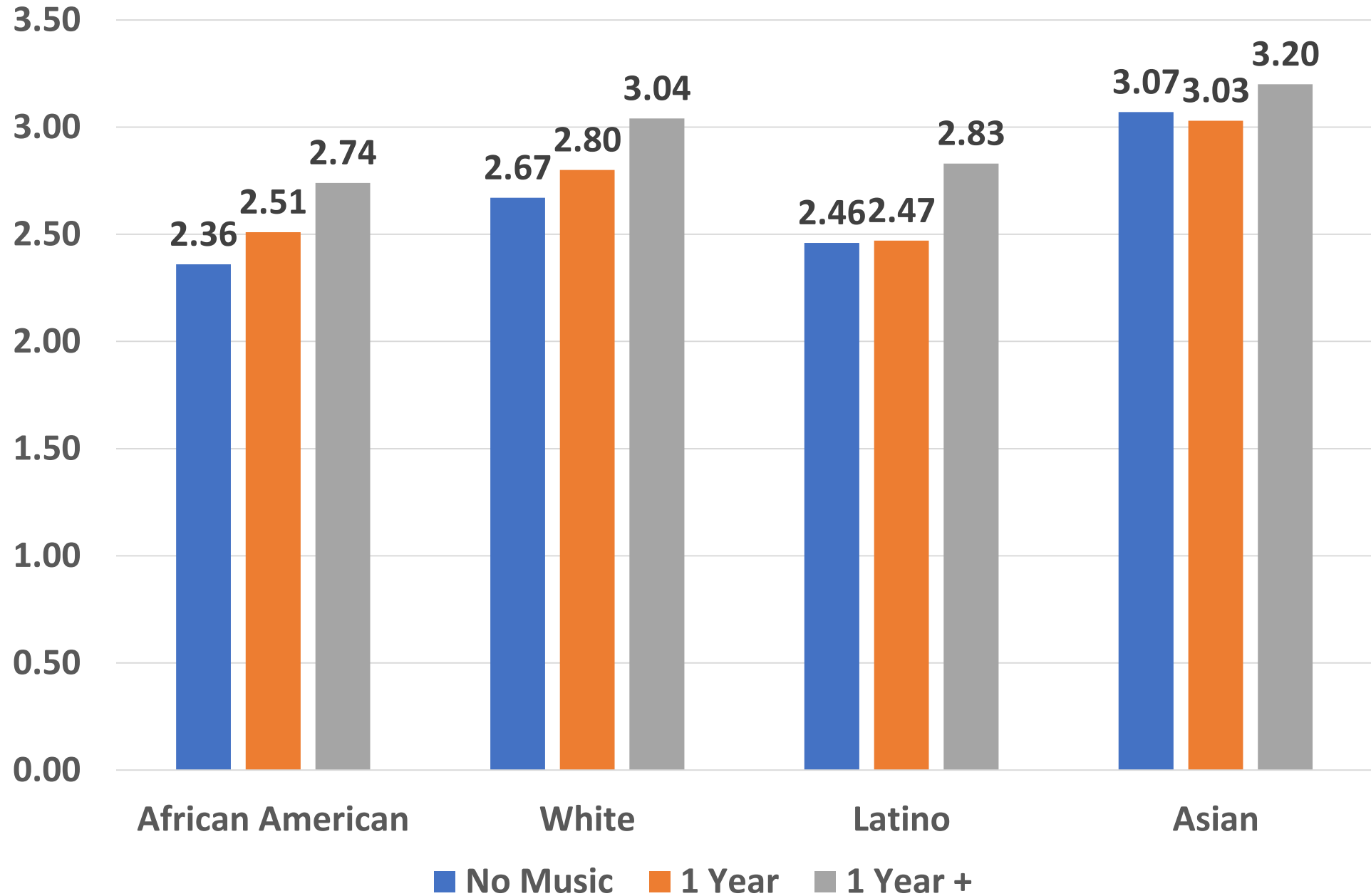
# School Attendance Rates by Ethnicity



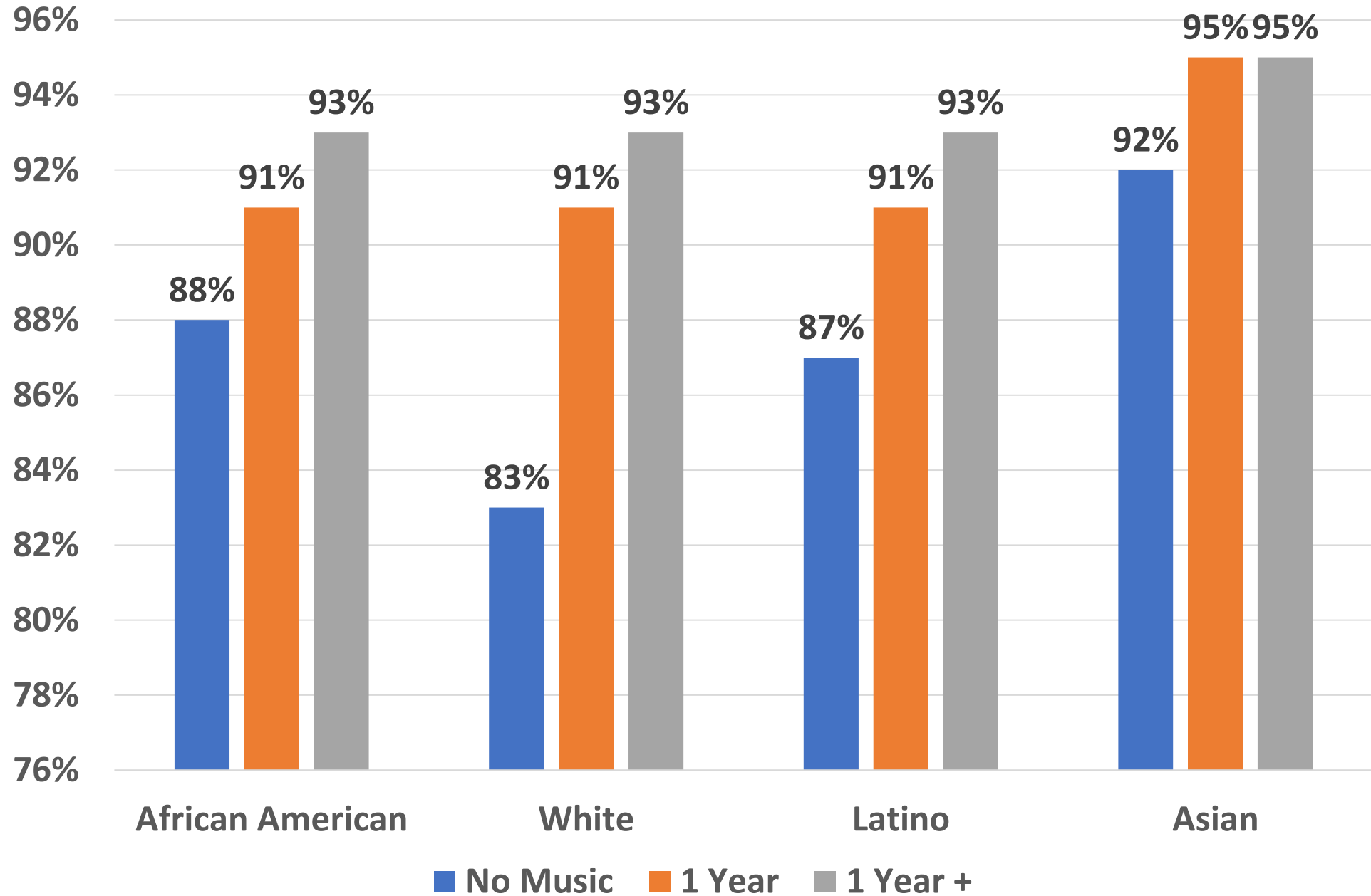
# Discipline Referrals by Ethnicity



# GPA by Ethnicity (4 point scale)



# On-time Graduation Rates by Ethnicity



# Today's Kids Are At Risk

- “iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy--and Completely Unprepared for Adulthood--and What That Means for the Rest of Us” by Jean Twenge
- Teen suicides now outnumber teen homicides.
- Teen depression is at an all-time high.
- The only thing that seems to counteract the trend is:
  - Involvement in activities with peers.
  - Achieving group goals in a positive environment.
  - Developing self-worth through personal and group work and achievement.
  - Expressing emotions in a positive manner.
  - Not being on social media.

Bottom Line: Music education is important for teen mental health.



# Here's Their Story

- “At the end of the day, if we’re burned out, we come here. All our friends are here. It’s home. Most kids who aren’t in band don’t have that.”
- “It helps me with self control.”
- “Learning to read music has been very beneficial to me in other subjects. I feel like it has helped my concentration and attention span.”
- “I have days when I’m so tired that I don’t want to come to school, but then I think of orchestra and come anyway.”
- “I feel like I’ve accomplished something. It is very rewarding. I feel recharged, full of energy and happy.”

What's Your Story?

# Help us stay in touch with you!



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# How to Contact Me

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